**CTS1132 Lab 9.1**

**Windows Backup**

**Items needed**

* Windows 7 with a user that is a member of the Administrators group and enough unallocated space to backup Windows 7 libraries.

**Instructions for K10**

1. Start Virtual Box and login to CTS1327Win7\_01 as Student01.
2. From the unallocated space, create a simple volume formatted NTFS.
3. Backup the folders for Student01 to the new volume.
4. Make sure the Backup will run every Friday at 11PM and take a screen shot of the “Set up backup” window where you set the backup schedule and save as ***Lastname*Lab8\_1.png**.



1. Close Backup and Restore.
2. Browse to Student01’s folders and delete all but the Desktop folder and take a screen shot and save as ***Lastname*Lab8\_2.png**. See below.



1. Restore all of Student01’s folders from backup and take a screenshot and save as ***Lastname*Lab8\_3.png**. See below.



1. Upload the screenshots to Angel.